

NM Pre K Block Schedule (Back Room)

7:30-8:00 AM | Arrival, & High five Letter Review

- Children are greeted by name.
- Children will put their belongings in the cubby
- Children will do the high-five review and wash their hands

8:00-8:30 AM | Breakfast & Soft Start Activities

- Family-style breakfast is served as children arrive.
- Open-ended activities (drawing, manipulatives, books) help ease the transition from home.
- Teachers support toileting, handwashing, and welcome families.

8:30-10:00 AM | Indoor Learning Block: Circle time, Centers, & Small Group

- Circle time (10-15 minutes) includes a brief welcome, visual schedule review, Social Emotional Learning discussions, or songs, short and meaningful.
- Transitions directly into a full 60-minute block of uninterrupted center time.
- All ECERS-required learning centers are open.
- Teachers engage in small group instruction, observation, and documentation.
- Children choose activities based on interest, promoting autonomy and peer collaboration.
- Gentle, supportive cleanup with songs, visuals, and roles.

10:00-10:30 AM | Morning Snack

- Snack time offers additional language and self-regulation support.
- Family Style Snack

10:30-10:45 AM | Read-Aloud & Literacy Extension

- Interactive story with rich vocabulary, open-ended questions, and concept development.
- Teachers may use props, puppets, or visual supports.
- Read-aloud may connect to project work or the child's interest.

10:45-12:00 AM | Outdoor Gross Motor Play (Minimum 60 Minutes)

- Children engage in active, outdoor learning experiences.

Play is child-led with opportunities for skill-building and cooperative games.

- Teachers support gross motor development and peer interactions.

12:00-12:30 PM | Lunch (Family-Style Mealtime Conversation)

- Teachers model language, social interaction, and self-help skills.
- Children are encouraged to serve themselves and engage in positive conversations.

12:30-2:00 PM | Nap / Quiet Time

- Calm, relaxing environment with soft lighting and music.
- Non-nappers are offered quiet choices (books, puzzles, drawing).
- Teachers may check in individually or update documentation.

2:00-2:15 PM | Wake-Up, Toileting

- Children gently transition back into the afternoon routine.

2:15-2:30 PM | Closing Circle & Dismissal

- Calm reflection through storytelling, music, or class discussion.
- Teachers revisit the Social Emotional Learning Discussions

2:30-3:00 PM | Soft Play Activities

- Open-ended activities (drawing, manipulatives, books) help ease the transition from nap

3:00-3:30 PM | Afternoon Snack

- Snack time offers additional language and self-regulation support.
- Family Style Snack

4:35-5:00 PM | Read-Aloud & Literacy Extension

- Interactive story with rich vocabulary, open-ended questions, and concept development.
- Teachers may use props, puppets, or visual supports.
- Read-aloud may connect to project work or the child's interests.

5:00-6:00 PM | Self-Selection Activities, Centers.

- 60-minute block of uninterrupted center time.
- All ECERS-required learning centers are open
- Children choose activities based on interest, promoting autonomy and peer collaboration