

# NM PreK Block Schedule (Middle Room)

## **6:00-7:45 AM** | Self-Selection Activities, Centers.

- All ECERS-required learning centers are open
- Children choose activities based on interest, promoting autonomy and peer collaboration

## **7:45-8:00 AM** | Pre-k Arrival, & High five Letter Review

- Children are greeted by name.
- Children will put their belongings in the cubby
- Children will do the high-five review and wash their hands

## **8:00-8:30 AM** | Breakfast & Soft Start Activities

- Family-style breakfast is served as children arrive.
- Open-ended activities (drawing, manipulatives, books) help ease the transition from home.
- Teachers support toileting, handwashing, and welcome families.

## **8:30-10:00 AM** | Indoor Learning Block: Circle time, Centers, & Small Group

- Circle time (10-15 minutes) includes a brief welcome, visual schedule review, Social Emotional Learning discussions, or songs, short and meaningful.
- Transitions directly into a full 60-minute block of uninterrupted center time.
- All ECERS-required learning centers are open.
- Teachers engage in small group instruction, observation, and documentation.
- Children choose activities based on interest, promoting autonomy and peer collaboration.
- Gentle, supportive cleanup with songs, visuals, and roles.

## **10:00-10:30 AM** | Morning Snack

- Snack time offers additional language and self-regulation support.
- Family Style Snack

## **10:30-11:30 AM** | Outdoor Gross Motor Play (Minimum 60 Minutes)

- Children engage in active, outdoor learning experiences.
- Play is child-led with opportunities for skill-building and cooperative games.
- Teachers support gross motor development and peer interactions.

## **11:30-12:00 AM** | Read-Aloud & Literacy Extension

- Interactive story with rich vocabulary, open-ended questions, and concept development.
- Teachers may use props, puppets, or visual supports.
- Read-aloud may connect to project work or the child's interests.

## **12:00-12:30 PM** | Lunch (Family-Style Mealtime Conversation)

- Teachers model language, social interaction, and self-help skills.
- Children are encouraged to serve themselves and engage in positive conversations.

## **12:30-2:00 PM** | Nap / Quiet Time

- Calm, relaxing environment with soft lighting and music.
- Non-nappers are offered quiet choices (books, puzzles, drawing).
- Teachers may check in individually or update documentation.

## **2:00-2:10 PM** | Wake-Up, Toileting

- Children gently transition back into the afternoon routine.

**2:10-2:30 PM** | Targeted Small Group or Project Work

- Individualized learning activities based on observations.
- Can include early math, literacy, Social Emotional Learning, or fine motor practice.
- Aligned to NM Early Learning Guidelines (ELGs).

**2:30-2:45 PM** | Closing Circle & Dismissal

- Calm reflection through storytelling, music, or class discussion.
- Teachers revisit the Social Emotional Learning Discussions

**2:45-3:00 PM** | Soft Play Activities

- Open-ended activities (drawing, manipulatives, books) help ease the transition from nap time.

**3:00-3:30 PM** | Afternoon Snack

- Snack time offers additional language and self-regulation support.
- Family Style Snack

**3:30-4:30 PM** | Outdoor Gross Motor Play (Minimum 60 Minutes)

- Children engage in active, outdoor learning experiences.
- Play is child-led with opportunities for skill-building and cooperative games.
- Teachers support gross motor development and peer interaction

**4:30-5:00 PM** | Read-Aloud & Literacy Extension

- Interactive story with rich vocabulary, open-ended questions, and concept development.
- Teachers may use props, puppets, or visual supports.
- Read-aloud may connect to project work or the child's interests.

**5:00-6:00 PM** | Self-Selection Activities, Centers.

- 60-minute block of uninterrupted center time.
- All ECERS-required learning centers are open
- Children choose activities based on interest, promoting autonomy and peer collaboration